

April 2016

Phone: 508-564-7543
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www.neighborhoodfalmouth.org

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DATES TO REMEMBER

Paper Shredding: Saturday, Apr. 9, 10 A.M.–1 P.M.
Pass the word! Documents shredded for \$5/box, with NF Members' and Volunteers' shredding done free. Come to the Lawrence School Parking Lot, Lakeview Avenue. All proceeds benefit NF.

Meet for Breakfast: Monday, Apr. 11, 9:00 A.M.
Our monthly Meet for Breakfast is the second Monday of the month at Friendly's. Please join us! Meet inside near the back. Please call the office if you need a ride or to reserve a place.

Aging Anonymous: Wednesday, Apr. 13, 2:00 P.M.
This month we will be reflecting together on how our personal faith plays a role in our lives. Come to share or listen and bring a friend if you like. Rides are available—just let us know you want to attend. Hope to see you there!

NF Book Club: Thursday, Apr. 14, 2:00 P.M.
Our next book is Gloria Steinem's *"My Life on the Road."* We meet in the Trustees' Room at the Main Library. Newcomers always welcome.

NF Annual Meeting: Thursday, Apr. 21, 2:00 P.M.
All are welcome to Highfield Hall for the NF Annual Meeting. Plan on lots of socializing with some business, too. We begin at 2, with music from our own Laura Sonnichsen, so come a little early. RSVP please, and let us know if you need a ride.

Meet for Lunch: Tuesday, Apr. 26, 11:45 A.M.
In April, join us at the Silver Lounge for friendship and conversation. All are welcome. We order from the menu, and separate checks are provided. Please call the office if you need a ride or to reserve a place.

The NF Annual Spring Gala: Friday, May 13, 6:00 – 8:00 P.M. Join us for an evening of music and friendship with a beautiful sunset at our **new venue: The Falmouth Yacht Club.** Enjoy delicious food, good company, and a silent auction in this lovely location. Tickets are \$75.



Judy Tenca reflecting on her early life.

A Profile of NF Member Judy Tenca

By Pamela Nelson

"I was a bit of a gypsy," says Neighborhood Falmouth member Judy Tenca, describing herself as a young nursing school graduate. "I don't know how my parents put up with me!"

Judy grew up in Mount Vernon, Ohio, a small town located midway between Cincinnati and Cleveland. Her father, of British heritage, was a businessman who sold floor coverings, draperies, and carpets, while her mother, who was of Irish parentage, raised their two daughters. The family shopped in Columbus, the nearest city, and it was there that Judy and her close friend Joyce attended nursing school at St. Francis Hospital, after finishing high school. The two young women, friends since first grade, returned to Mount Vernon in 1947 to work in the local hospital.

In 1949, Joyce, who had three aunts in Seattle, convinced Judy that they should buy one-way train tickets to go visit her aunts, seek nursing employment, and have a bit of fun. Judy's mother embarrassed her pioneer daughter by sending her off at the age of 22 with a shoebox filled with fried chicken and also with chocolate chip cookies, which were just gaining popularity. Judy admits that, after they changed trains in Chicago at midnight, "That chicken tasted mighty good. My mother was a marvelous cook." The Seattle adventure was a success, with jobs at Harborview Hospital and frequent forays out of town to places like Victoria, British Columbia, and Snoqualmie. But the two young nurses decided to return home in time for

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Judy Tenca – continued from page 1

Christmas and booked roomettes on a circuitous rail route via San Francisco and Los Angeles. They traveled at night and went sightseeing during the day, until it was time to head back east to Ohio and to less exciting nursing work at the local hospital.

Soon, once again, Joyce and Judy felt the urge to leave home. “There’s nothing to do around here,” declared Joyce. “We should go back to school and get our college degrees.” An undergraduate diploma would enhance their credentials, and they applied and were accepted at the University of Michigan and at Georgetown University. They elected to go to Georgetown, where they shared an apartment, attended classes during the day, and worked the 3 p.m. to 11 p.m. shift at Georgetown Hospital. They received 50 credits for their nursing degrees, but still had to earn 76 credits for a liberal arts diploma. Each credit hour cost \$15. It took Judy seven years to graduate, but she remains proud of the fact that, in addition to paying for her own food, rent, and carfare, “nobody paid a dime on my tuition. I earned it all myself.”

By the time Judy graduated in 1954, she was dating Joe Tenca, a Holy Cross alum who was in dental school at Georgetown. They had met at the hospital, where he was earning tuition money working as a hospital policeman. By Joe’s junior year, he was facing the military draft. With the help of the academic dean, a retired admiral, Joe arranged to join the Navy Reserve, serving as an ensign stationed at Georgetown Dental School. Judy and Joe encouraged each other to complete their educations and then married in 1955, after earning their degrees.

This marriage suited Judy’s wanderlust perfectly, as Joe, after serving his three-year obligation to the Navy Reserve, “decided to go regular Navy. Joe rather liked the Navy, and I was half gypsy anyway,” says Judy. “He was in and out—if he wasn’t at sea, he was at school.” An early stop along the way, after assignments at the Brooklyn Navy Yard and on an aircraft carrier out of Quonset Point, Rhode Island, was Bethesda, Maryland, where Joe completed a postgraduate dental course. By the time he received orders to go to Brunswick, Georgia, “shrimp capital of the world,” Judy was caring for two babies, Mary and Tim, born 16 months apart. Taking advantage of the fact that in Brunswick Joe worked summer hours, from 6 a.m. to 2 p.m., she often prepared picnics for family outings, such as to Jekyll Island.

Judy was pregnant with their third child, Elizabeth, in November 1959, when Joe received orders to report to the NATO base in Naples, Italy.

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APRIL CULTURE CLUB

With spring here, there is so much to do, and we’d love to get you a ride to these or other activities if you are interested. Please call the office to learn more.

Falmouth Chamber Players Orchestra Concert: Saturday, April 2, at 4:00 P.M. and Sunday, April 3, at 3:00 P.M. at the John Wesley United Methodist Church. This is NF’s own Laura Sonnichsen’s orchestra. Admission is by donation at the door. Suggested donation is \$20 for adults. Call 508-274-2632 or go online to Falmouthchamberplayers.org.

Concert: Pianist Sara Daneshpour Sunday, April 17, 4:00 - 6:00 P.M. at Highfield Hall and Gardens. This internationally-acclaimed pianist returns to Highfield Hall. Tickets are \$25 for members, \$30 for non-members. Call 508-495-1878 for more information.

Lecture: "The Matthews Men: Seven Brothers and the War Against Hitler's U-Boats" Saturday, April 23, 2:00 P.M. Author William Geroux tells a heroic story through the experiences of one extraordinary family. Call 508-548-4857 for more information.

Daffodil Days at Spohr Gardens Saturday, April 23 and Saturday, April 30, 10 am - 4 pm. Free and open to the public. They're beautiful and they're back!

Welcome new Members:

Barbara Douglass
Sue Gnospelius

Welcome new Volunteers:

Chip Chandler
Lisa Colgan
Steve Huban
Christine Kircun
Kellee List

We’re glad you have joined us!

Community Service Day

Members, spring is a time when many student and community-minded groups offer to do yard work and window washing. If you have spring projects that you would be glad for help with, please call the office, and we’ll get you on the list as we schedule them. First up is a Sunday, May 15, service day thanks to the Falmouth Jewish Congregation.

Judy Tenca – continued from page 2

Her lively Naples stories show that the three and a half years they spent in southern Italy were a magical time for the Tenca family, and the adventure began the moment they set sail. They traveled aboard the SS *Constitution*, with a steward and stewardess assigned to their cabin. With a government subsidy for gratuities, they took full advantage of being booked first class (by the Navy!) on a winter Sun-Line Cruise. There were day stops in Casablanca, Majorca, Cadiz, and Palermo, while the ship steamed between ports at night. Judy enjoyed attending formal dinners, but when morning sickness left her too ill, the stewardess brought her chicken sandwiches and tea in their cabin while toddlers Mary and Tim were looked after in the children's playroom. They had Thanksgiving dinner aboard ship, but spent Christmas and New Year's Eve in a Naples hotel. Judy found the hotel accommodations rather primitive, especially the fourth floor rooms they initially were given. Later they were moved to a first floor suite with a private bath, where they stayed for six weeks until they found a suitable apartment. They were expected to maintain a certain standard of living, which included having a maid, Anna, who helped care for the children. Judy enjoyed driving the Fiat they purchased, and she mastered a broken Napolitano dialect, "the worst Italian you could speak," complete with hand gestures. Unlike Marge, the captain's wife, who spoke a purer, Florentine Italian, Judy could actually communicate with the local tradesmen. She liked haggling with them, and for one fruit grocer, she was the *bella Americana*. He loved to wait on Judy, with "his fist on the scale" as he weighed her purchases.

There was a Chris Craft cabin cruiser with an inboard motor available at the NATO station for the brass and their families to use. On one outing near the island of Ischia, the engine caught fire, a frightening situation for Judy and the others aboard. The crew was unable to put out the fire, and a water taxi approached them from Ischia. Once again, the taxi crew could not understand Marge's fancy Italian explanations, but Judy, in her terrible Napolitano, saved the day, informing them the "engine was bad"! The water taxi threw a line to the cruiser and towed them in.

Summing up the years they spent in Naples, Judy says, "I could really speak to the locals, and because of that I had such a marvelous time. I felt I really knew the people." A new adventure awaited, however, and in 1963, they boarded the SS *Independence* and returned (second class) to Joe's next assignment, in New London, CT.

(Judy's story finishes next month)

FALMOUTH CHAMBER PLAYERS ORCHESTRA
JOHN YANKEE, MUSIC DIRECTOR

CONCERT

LUDWIG VAN BEETHOVEN - SYMPHONY NO. 2 IN D MAJOR
JOHANN SEBASTIAN BACH - DOUBLE CONCERTO IN D MINOR, BWV 1060

Dan Flonta - violin
Melanie Hayn - oboe

JOHANN STRAUSS, JR. - TALES FROM THE VIENNA WOODS

SATURDAY, APRIL 2 AT 4:00 PM
SUNDAY, APRIL 3 AT 3:00 PM

JOHN WESLEY UNITED METHODIST CHURCH
CORNER OF GIFFORD STREET AND JONES ROAD
FALMOUTH, MA

Admission is by donation (at the door) - suggested donation is \$20 for adults, \$5 for students
FOR MORE INFORMATION CONTACT FRITZ SONNICHSEN (508) 274-2632 www.falmouthchamberplayers.org

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2016

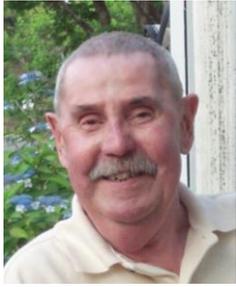
SAVE THE DATE

June 30, 7:00 P.M. "Don't Get Caught Empty Handed: Caring for Your Aging Parents"

A conversation with Janet Benvenuti, author and family and aging advocate, on how to address the legal, financial, medical, and caregiving challenges of aging, even when families live at a distance. To be held at the Unitarian Universalist Church on Sandwich Road. Free and open to the public. Thanks to Sponsors: Elder Life Care Network, Janney Montgomery Scott, and Royal Megansett.

We gratefully acknowledge support from:

Bank of Cape Cod · Barbara Conolly · Beatrice A. Bunker Architecture · Cape and Islands United Way · Cape Cod Five Cents Savings Bank · Cape Cod Five Cents Savings Bank Charitable Foundation Trust · Celebrations · Falmouth Podiatry/Dr. Richard Armstrong · Falmouth Fund of Cape Cod Foundation · Janney Montgomery Scott · Michael Leahy, MD · Dr. James W. O'Connor · Rapoza Landscape · Dr. Gerald Roan · Royal Megansett · Simply Hearing · Upper Cape Ear Nose and Throat · Waterbury Optometry · Windfall Market & Windfall Florals · Dr. William Wittmann · Wood Lumber Company · Woods Hole Foundation



“Cookin’ Cozy”

By Bruce Ivar Haslun

This is a terrific recipe on many levels, for many reasons. I’ve made it for two and I’ve made it for 80. It’s always worked and always been

complimented. I’ve made it with hand-sliced pork chops from expensive port loins for intimate dinner parties. Delicious! I’ve made it for 80 ravenous college students with bone-in chops that came 160 chops to a box (not a good recommendation for tastiness.) No complaints! Once it’s assembled, it can sit in the fridge a day or two. Put it in the oven and don’t worry about it for an hour. It provides meat, veggies and rice, all in one dish. This recipe is for 4. If you want it for 2, divide ingredients by 2. If wanted for 80, multiply by 20. It’s honestly that easy.

Peg Bracken’s Old Faithful Pork Chops

- 4 pork chops
- 1 green pepper sliced into 4 thick rings
- 1 onion sliced into 4 thick rings
- 1 tomato sliced into 4 thick rings
- 2 tablespoon vegetable oil
- 6 tablespoons uncooked rice
- 1 can (2 cups) chicken broth
- Marjoram
- Thyme
- Salt and pepper

Grease casserole with vegetable oil. Spoon in rice. Place chops on rice, and top with thick slices of veggies. Add broth and spices to taste. Bake covered at 350 degrees for 60 minutes.

By the way, I recently saw a recipe and article in a local newspaper (*Cape Cod Times?*) that says Peg’s daughter is carrying on her cooking and chef-ing tradition.

Skoal, y’all!
Bruce

Save the Date for the

Neighborhood Falmouth Annual Spring Gala

An Evening of Music and Friendship
with a Beautiful Sunset

Friday, May 13, 2016
6:00 – 8:00 p.m.
Falmouth Yacht Club

Plentiful hors d’oeuvres
Music by The Familiars
Silent auction
Cash bar

\$75 per person
Purchase now at:
<http://neighborhoodfalmouthgala.bpt.me>

NeighborhoodFalmouth.org
508-564-7543

Your reservation will be held at the door.

Don’t Forget!

***Paper Shredding Event and
Cookie Sale!***

***Shred Those Private Documents
and Support Neighborhood Falmouth***

***Saturday, April 9
10:00 a.m. – 1:00 P.M.
Lawrence School Parking Lot***

***Members and Volunteers free,
all others pay \$5 per box***

Cookie donations still welcome.

***NF thanks Sound Financial Advisors at
Janney Montgomery Scott for donating
shredder services.***

***Call the NF Office at 508-564-7543
with any questions***