



Newsletter

May 2014

Office Phone: 508-564-7543
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MAY CULTURAL OPPORTUNITIES

Young Frankenstein

Weekends May 9–11 and 16–18, Fridays and Saturdays at 7:30 p.m., Sundays at 2:00 p.m., Highfield Theater. Tickets are \$15 for Seniors.

Spring Sing

Featuring the Choraliers, A Female Vocal Ensemble. Saturday, May 17, 3:00 p.m., CC Conservatory Falmouth. Tickets are \$5.

Falmouth Chamber Players Orchestra Musicale

Sunday, May 18, 4:00 p.m., CC Conservatory Falmouth. Suggested donation is \$15.

Members, volunteers may be available. Please call the office if you need a ride.



**Meet Susan Loucks
Executive Director**

By Pamela Nelson

KARIN & KEN SAY GOODBYE

We'd like to thank all of you (members, volunteers and board) for the opportunity to work together over the past five years developing NF into a wonderful resource for seniors living in Falmouth. A special thank you to Vicky, Laura, and Phylisanne for their constant assistance and support. We were a good team. Our best wishes to Susan and the new board as NF continues to move forward.

With wonderful memories and warmest wishes,

Karin and Ken

Neighborhood Falmouth's new director, Susan Loucks, is quick to praise Ken and Karin Bohr for the strong foundation they have built and that they leave behind for her when she takes over for them this month. "Ken and Karin are so beloved," she says. "They have left an indelible stamp on this organization. To start it from nothing and to move it to a place where members and volunteers function day in and day out, getting the work done so that people are happy and feel that something meaningful is being accomplished—that is no small achievement. I am grateful to begin work at an organization with such wonderful and strong roots, one that has already gone so far. I look forward to working as the organization's point person and to being responsible for Neighborhood Falmouth's next phase of development. I am excited at the prospect of using my management and fundraising skills and my previous work experiences with volunteers to take this organization to the next level."

Born and raised in Omaha, Nebraska, Susan spent part of every summer on Cape Cod visiting her maternal grandparents in Bass River, a village in Yarmouth township. Her father, a Harvard graduate, was a CPA in the accounting firm founded by his grandfather in Nebraska. Her mother, who went to Smith College, met Susan's father in Omaha, when her own father was there working for Bell Telephone. Susan is the second of four children and attended school in Omaha until her junior year of high school, when she enrolled at the Kent School, a Connecticut boarding school. Subsequently, she majored in economics, with a minor in philosophy, at Wheaton College. After graduation, she worked for a time at the Boston Shakespeare Company, known for its avant-garde theater productions, as well as at Cambridge City Hall.

In 1987, she began work at WGBH as a "temp," but then was offered a permanent position, remaining with that organization for twenty-five years. She says that she "fell into fundraising," a profession that "suits her." Susan was part of the WGBH team that came to Woods Hole in 2000 to launch WCAI, where she worked until 2011. She has subsequently worked in development at Plimoth Plantation and then at Heritage Museums & Gardens in Sandwich. Her husband, Kyle Banks, is a carpenter, and their eleven-year-old son, Sultan (pronounced sul-TAHN), attends Morse Pond School. When the position of director at Neighborhood Falmouth was advertised, Susan saw the opening as a good fit for her, as it would enable her to work close to home and to her family, with people she knows from the Falmouth community as well as from her connections at WCAI.

Susan has always enjoyed world travel, including trips to China, Venezuela, and the Czech Republic, as well as travel around the United States. In her early days at WCAI she occasionally chatted with a friend about these travels, and that friend suggested that she meet Kyle Banks, also an enthusiastic traveler, who had spent time in India. Her reaction during this busy time was, "I don't have much interest right now in India, and I really don't care if I meet your friend." However, one evening toward the end of an ugly Cape Cod winter—during an endlessly cold, lonely, and dreary March—Susan and her friend were at the movies. He again suggested getting together with Kyle, saying, "You should meet him. He loves to travel. He's been to India." And Susan, overwhelmed with cabin fever, relented and agreed to meet Kyle.

TRAVEL OPPORTUNITY

Road Scholar Exclusive Program for
MA Villages Members

Philadelphia Cultural Bouquet
3 nights, 4 days

Friday, October 24—Monday, October 27, 2014

Call the office to request
an information packet

DATES TO REMEMBER

Meet for Breakfast/Coffee: May 5th

Please join us at 9:00 a.m. on Monday, May 5th, at Friendly's for a cup of coffee and/or breakfast. It's a great way to begin the week!

NF Book Club: May 8th

Thursday, May 8th at 2:30 p.m. We're reading *The Little Friend* by Donna Tartt. New members always welcome. Call the office for location.

Meet for Lunch: May 21st

On Wednesday, May 21st, 11:45 a.m., we will meet at Silver Lounge in North Falmouth for lunch. All members, volunteers, and guests are welcome. You may order from the menu, and individual checks will be provided. Please call the office to reserve a place.

The three of them got together, looked at Kyle's slides, and Susan and Kyle hit it off. "We've been together ever since," she says, laughing. They traveled together to India the following year, to the Ladakh region of the Himalayas, where Kyle had helped to build a school. There, she met some of his friends and former students of the school. "It was a great trip, yes," she says, thinking back on that adventure. Susan hastens to point out that Kyle is the son of Bill and Caroline Banks, who owned and ran the Market Bookshop on Depot Avenue as well as its branch in Woods Hole. Many NF members will remember Kyle's parents and their bookstore with affection, and will recall the numerous contributions they made to the community.

About Neighborhood Falmouth's mission, Susan has some interesting thoughts. "It is an organization that depends on volunteers for the benefit of seniors in the community. Getting older is tough," she continues. "In this country we pride ourselves on our independence and our stoicism, making it hard to ask for help." Susan wants to be part of a group that makes it okay to ask for help, although, she notes, the degree of help people can ask for and tolerate varies from individual to individual. She sees one goal as striving "to make the time that a person can age in place and can remain at home as safe, comfortable, and 'right' as possible." She is particularly sensitive regarding the dignity of seniors, having bristled when she heard her own mother being described as "cute" by someone who intended no harm but who nevertheless managed to offend.

Susan expresses both interest in and empathy for the individual members of NF. She is optimistic that the work she envisions for herself will help make this phase of NF's members' lives richer. A "people-person," Susan says she looks forward to creating relationships with members, volunteers, and staff. "People need companionship and interaction, connection with the world," she observes. "We all have stories to tell, and we have many similarities, such as raising children. Life can get so small when you are unable to leave your physical space. It's a balance, keeping connected with the outside world and also feeling safe and comfortable. Neighborhood Falmouth can enrich the lives of its members, and I am excited to have the opportunity to carry on to the next level this amazing organization that Ken, Karin, and the NF board so ably launched."



Ken hands the NF office key off to Susan.

MEMBERS: LIKE TO FISH?

One of our new volunteers is an avid fisherman and he is offering to take anyone who also enjoys the sport along with him. He has all the fishing gear necessary, so please just call the NF office if you are interested. Sounds like fun and a great way to get outdoors and meet a new friend.

TRICYCLE AVAILABLE

One of our members wants to give away a Miami Sun tricycle with bell, mirror, and basket. Though showing some rust, it's in good workable condition. Please call the office if you or someone you know could use it.

NF/SENIOR DISCOUNTS

Eastman/Ace Hardware: 10% discount to members of NF on most full-priced items and available every day. You must present your NF membership card to receive the discount.

Falmouth Taxi Company: 25% discount to Falmouth Seniors. Be sure to ask for the discount if you use their service.

Green Shuttle: \$15 discount to members of Neighborhood Falmouth.

Mahoney's Garden Center: 10% Senior discount every Wednesday.

Windfall Market: 5% Senior discount every Wednesday.

Dunkin' Donuts: 10% Senior discount anytime—you have to request it.

Neighborhood Falmouth gratefully acknowledges recent support from the following merchants and organizations:

Amy Rader, Photographer
 Bank of Cape Cod
 Cape Cod Five Cents Savings Bank
 Cape Cod Marathon
 Clipper Landscape
 Falmouth Newcomer's Club
 Falmouth Wine & Spirits
 Ghelfi's Candies of Cape Cod
 Hamilton Tree & Landscape
 Sound Financial Advisors of
 Janney Montgomery Scott
 John's Liquor Store
 Kaleidoscope Toys
 Lawrence Lynch Corporation
 Locust Street Sign Company
 Mahoney's Garden Center
 Waterbury & Olson Optometry
 Windfall Market & Windfall Florals
 Wood Lumber Company

Transportation Options for Cape Cod Seniors – Public and Private Town of Falmouth

Fixed Route Services (Cape Cod Regional Transportation Authority)

- The Sealine bus service runs hourly Monday through Saturday from Hyannis to Woods Hole. Several scheduled stops have shelters.
- The ADA (American Disability Act) accessible mini-vans operate within $\frac{3}{4}$ mile of the Sealine route. They offer door-to-door shared rides for passengers meeting ADA eligibility. Fare is \$2.00 per ride.
- The WHOOSH trolley runs from late June through Labor Day, every half hour, from the Falmouth Mall to Woods Hole.

Schedules, stops, and ADA applications are available at the www.CapeCodRTA.org website. Cost for Sealine and WHOOSH is \$1.00 per ride for seniors; exact change is requested. Call 800-352-7155.

Door-to-Door Services

- The Dial-A-Ride Transport (DART) minibuses are door-to-door transport offered to all for any purpose. Call the RTA at 800-352-7155 a day in advance to arrange. With a fare of \$1.50 for seniors, DART buses have daily service, discounted tickets, and trained drivers.
- Falmouth Senior Center “VanGo” minibuses offer door-to-door transport by calling 508-540-0196 two days in advance. They operate Monday to Friday from 8 a.m. to 4 p.m. Volunteers provide rides to medical appointments for those unable to use the bus.

Other Options

- Neighborhood Falmouth, a local nonprofit organization whose objective is to keep seniors living at home, offers door-to-door transport for its members. Many additional services and opportunities are included; annual membership amounts to \$50/month.
- The RTA “Access Express” offers door-to-door service on and off Cape at \$2.70/mile. Call 508-746-5715 for information and reservations.
- For medical facilities in Boston, call the RTA at 800-352-7155 for the daily Boston Hospital Transport, and call 508-693-9440 for the Tuesday Medivan “Life Van.” The cost is \$30 round trip.

