



# Newsletter

May 2011

Office Phone: 508-564-7543

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## **“Comfort, Care & Compassion Wherever You Are”**

An NF-sponsored panel discussion on the “good news” about the wide range of hospice and palliative care services available will be presented on Tuesday, May 10<sup>th</sup>, 2 p.m., in the Hermann Foundation Meeting Room, Falmouth Public Library. The panel will include Melissa Roberts Weidman and Patricia Parker, both of Hospice and Palliative Care of Cape Cod, and Bonnie Hood representing the VNA Hospice and Palliative Care Program and Falmouth Hospital Palliative Care Committee. Reservations are suggested (call 508-564-7543) to insure sufficient seating. Last-minute attendees are also welcome.

## **Falmouth Academy Work Day: Reminder**

We have room for two or three more members of NF to sign up for the FA students’ work morning on Thursday, May 12<sup>th</sup>. They are willing to do spring chores both indoors and outdoors. **Please call the office ASAP** to let us know if you would like to take advantage of this opportunity.

## **OTHER DATES TO REMEMBER**

### **Meet for Breakfast/Coffee: May 9<sup>th</sup>**

We have reserved tables at the Falmouth Grille (formerly Hearth and Kettle) for Monday, May 9<sup>th</sup>, at 9 a.m. Please join us if you can.

### **Next NF Board Meeting: May 19<sup>th</sup>**

NF Board of Directors will meet at 2:30, Thursday, May 19<sup>th</sup> in the Falmouth Hospital Board Room. Welcome to new board mem-

bers Anne Dewees, Janet Simons Folger, Dick Kendall, Marie Liska, Bobbie Miner, Cathy Norton, and Mary Webb!

### **Meet for Lunch: May 25<sup>th</sup>**

We are reserving tables at the Coonamessett Inn for 11:45 a.m., Wednesday, May 25<sup>th</sup>. Please call the office to reserve a seat or, if you find you can attend at the last minute, just come. We’ll simply add another chair.

### **NF Book Club: May 26<sup>th</sup>**

NF Book Club will meet at 2:30 on Thursday, May 26<sup>th</sup>. If you’d like to join us, please call the office for meeting location. The current book is *1776* by David McCullough.



**Scoba Rhodes**  
**Board of Directors**  
*by Mavise Crocker*

Former students who meet Scoba Rhodes at a town function or a committee meeting, or perhaps meet him socially, still greet him warmly, “Hi Mr. Rhodes! Good to see you again! Remember when . . . ,” and they might

launch into a story of a time when Scoba, as a teacher or guidance counselor or assistant principal, once helped the student with a difficult decision or counseling situation. "One of the greatest rewards of working with students," Scoba said, "is watching kids become successful who originally didn't think they had the ability to do so."

Perhaps the best legacy for a teacher is to have a lasting influence on his students. Scoba Rhodes has had a lifetime career to do this. He himself came up through the Falmouth school system, graduating from Falmouth High School, then from Florida Agricultural and Mechanical University, and finally getting his teaching degree at Bridgewater.

After several years of teaching math and science, it was not long before Scoba realized that his forte lay in guidance counseling, and later in school administration. He served in various school systems throughout the Upper Cape, and even spent four years at Milton Academy, but was soon drawn back to public education, serving as a high school guidance counselor, as assistant principal and then as dean of students at the Upper Cape Regional Vocational and Technical School.

Scoba devoted not only his professional career, but his life to nurturing young people. His hands-on experience consisted of being a single parent for his five children, including a set of triplets. As a young divorced father, he took over the care, upbringing, and education of his three boys and two girls, shepherding their way through primary and secondary schools, and seeing all five of them enter college.

No parent of five who held a full-time job could do this without help. Scoba was blessed to have his own parents living nearby, who supplied after-school supervision for his five kids. From the very beginning, the children were taught to be independent and creative. They were all involved with music, playing among them the cello, the alto sax, and the violin. He once left a family council meeting for an hour

while, as pre-teens, his children struggled to find a way to make their home duties and social preferences mesh with family life. The decision, he felt, should be theirs, for they were the ones to carry it out and make it work.

The children are now grown and scattered from Massachusetts to Canada to California. Scoba himself has retired, but he retains a strong connection to education as a member the High School Advisory Council. The state mandates that each school must have such a decision-making council, and with his varied educational background, Scoba has been an ideal choice.

It is easy to become discouraged, to give up and say, "What can one person do?" But Scoba is not a defeatist. He brings the same positive, determined attitude to his work with Neighborhood Falmouth, where he has been a board member almost since its inception. With members like Scoba, our work will thrive.

### **When You Request an NF Volunteer**

Please do your best to give at least 72 hours of notice for any service request in order to allow the assisting volunteer to plan ahead. We try to accommodate last-minute requests but cannot promise that anyone will be available to help in these cases.

### **NF/Senior Discounts**

Falmouth Taxi Company: now offering a 25% discount to Falmouth Seniors. Be sure to ask for the discount if you use their service.

Eastman/Ace Hardware: 10% discount to members of NF on most full priced items and available every day. Just show your membership card to the clerk.

Windfall Market: 5% Senior discount every Wednesday.

Family Foods: 10% Senior discount every Wednesday (no deli items or alcohol).

Mahoney's Garden Center: 10% Senior discount every Wednesday.